

STANDING TALL



WEEKLY SCHEDULE OF CLASSES

DAY	TIME	ADDRESS	CONTACT	BUS ROUTES
Mon	10:00-11:00 11:15-12:15 12:30-13:30	Our Lady of Lourdes Church hall 1 Steyning Road, Rottingdean, BN2 7GA	Julie 07736 122941	2, 12A, 12X, 14, 27
Tues	10:00-11:15 11:30-12:30	Hangleton Community Centre, Harmsworth Crescent, Hove, BN3 8BW	Ruth 07399 993426	5, 5A, 5B, Hardwick Rd Stop
Weds	09:45-10:45	Zoom class	Ruth	N/A
	11:45-12:45	Cornerstone Community Centre, Church Road, Hove, BN3 2FL.	Ruth	1, 1A, 2, 5, 5A, 5B, 6, 21, 46, 49, 700
	13:45-14:45	South Portslade Community Centre, Church Road, Portslade, BN41 1LB	Ruth	1, 1A
Thurs	10:00-11:00 11:15-12:15	Crowhurst Community Hall, Knoyle Road, Brighton, BN1 6RB	Julie	5, 5A
	13:30-14:45	St. Richards Community Centre, Egmont Road, Hove, BN3 7FP	Ruth	16A, 47
	14:15-15:15	Kempton Crypt Community Centre St George's Church, St George's Road, Brighton, BN2 1ED	Julie	7, 12A, 17, 27, 37, 37B, 47, 52



We are delighted that Standing Tall classes are subsidised by Brighton and Hove City Council.

All classes cost £6/class.
Please call for a friendly chat and to check availability.